

MONASTERY TRAIL RACES

8-Mile • 5K • 1.5-Mile

REGISTRATION / APPLICATION

Come join us at the Monastery of the Holy Spirit for the Eight Annual Monastery "Cross Country" Trail Races. Runners and walkers will have a unique opportunity to trek through the Monastery woodlands to enjoy the serene and peaceful landscape - open-air courses over natural dirt and grass terrain.

You are welcome to join the monks for Morning Prayer, & Mass at 7:00. Please allow ample time to park and walk to the Abbey Church. The races follow the conclusion of Mass.

The proceeds of this event will go directly to the (HHF) Haiti Humanitarian Fund, sponsored by St. Pius X Catholic Church, Conyers, GA. This is one of the monastery's preferred charities.

AFTER THE RACE
FREE PANCAKES
FOR ALL
PARTICIPANTS

Cross Country
trail
8-Mile, 5K, or
1.5 Mile Fun
Run

Date: Saturday June 10, 2017

Start Time: 8:30 am - Late registration and check-in start at 6:30 am.

Location: Monastery of the Holy Spirit, 2625 Highway 212 SW, Conyers, GA 30094

NEWLY ADDED 8-MILE RACE
NOT FOR BEGINGERS.

Entry Registration Fee:

- **8-mile** - \$30.00 (with signed waiver) (\$35 after May 25)
- **5K Run** - \$25.00 (with signed waiver) (\$30 after May 25)
- **1.5-mile** - \$20.00 (for all participants) (\$25 after May 25)

Prices go up after May 25

Participant information: Please (print clearly) and Sign Liability Statement
(Check one) **This registration is for:** 8-Mile 5K or 5-mile Fun Run

Name		Sex: M <input type="checkbox"/> F <input type="checkbox"/>
Street Address		Phone: Cell (preferred) Home
City, State, Zip		
Age as of Event Day**	**Youth under 18 require waiver	
Emergency Contact Name & Phone #		
Email		T-Shirt Size circle one <u>S</u> <u>M</u> <u>L</u> <u>xL</u> <u>xxL</u>

SUBMIT THIS form and entry fee in person at the Monastery Giftstore or mail form and entry fee to:
Revolution Running
289 Jonesboro Rd, Suite 462
McDonough, GA 30253

Make check out to:
"Revolution Running"

Questions: email Race Directors
John Pollard
revolutionrunning@hotmail.com

Release of Liability: I, the undersigned, for myself, my heirs, personal representatives and assigns, do release, waive, covenant not to sue and discharge Monastery of the Holy Spirit, Revolution Running and affiliated persons and entities with this event from liability from any and all claims resulting in death, personal injury, accidents or illness and property loss arising from but not limited to, participation in this athletic event. I also understand that entry fees are non-refundable.

Required Signature of Participant:

Signature: _____

Date: _____

****Parent or guardian if participant is under 18 years of age:**

Signature: _____